

## Report

### CYAR Steering Committee meeting in Arkhangelsk, November 11<sup>th</sup>, 2009

#### Participants:

<b>Mr. Pål Christian Bergstrøm</b>	Chair of the Steering Committee, Director, Regional Office for children, youth and family affairs, Northern Norway (Bufetat)
<b>Mrs. Kerstin Ödman</b>	Senior Adviser, Ministry of Health and Social Issues, Sweden
<b>Mrs Kerstin Rosèn</b>	Desk Officer, Ministry of International Affairs, Department for Eastern Europe and Central Asia, Sweden
<b>Mrs. Marina Zyryanova</b>	Project coordinator, Regional Office for children, youth and family affairs, Northern Norway (Bufetat)
<b>Mrs. Vappu Sunnari</b>	Professor, the University of Oulu, Finland
<b>Mrs. Ingrid Löfstrand</b>	Project co-ordinator and supervisor of research, Local Authorities in Norrbotten, Sweden
<b>Mr. Valery Vakulenko</b>	Deputy Director, Department of Social Affairs, the Government of the Arkhangelsk Region
<b>Mr. Andrey Krylov</b>	Director, Agency of the Republic of Komi for Social development
<b>Mrs. Ekaterina Kalinina</b>	Head of the Department for Family and Children Affairs; Agency of the Republic of Komi for Social development
<b>Mrs. Irina Esaulova</b>	Deputy Director of the department for motherhood and childhood
<b>Mrs. Nadezhda Kuznetsova</b>	Head of the section for support and follow-up of international projects, medical information analytical centre, the Government of the Arkhangelsk region
<b>Mrs. Olga Gorelova</b>	Chief specialist of the department for international projects and programmes, the Government of the Arkhangelsk region
<b>Mrs. Hanne Johnsen</b>	Photographer
<b>Mrs. Anna Lund</b>	International Barents Secretariat
<b>Mrs. Olga Beznaeva</b>	Interpreter

## **Initial remarks by the Chair. Delay of the meeting due to the weather conditions in St.Petersburg.**

It is 1 year since the last meeting of the SC; the earlier planned meeting of the SC in March in Syktyvkar was cancelled. This year has been quite unstable because of some considerable changes in the regions participating in the CYAR programme; the Deputy Chair left her position in July 2009. Nevertheless, a lot of activities have taken place, concrete plans have been elaborate, and funding issues for these activities have been solved. This meeting is extremely important, as it gives an opportunity to start activities with the participation of all the partners. In order to do so, all the members of the Steering Committee should share the same perspective on the current plans for future actions.

## **Agenda for the meeting**

### **1. Welcome speech – Representative of the Government of the Arkhangelsk Region.**

Participants of the 3<sup>rd</sup> meeting of the SC were welcome by Valery Vakulenko, the Deputy Director of the department for social welfare in the Arkhangelsk region. Mr.Vakulenko has pointed out that this is a period for the Arkhangelsk region when the new structure is being established, reorganization is taking place, and new committees and departments are being created. He underlined that this should not influence the course of the work of the CYAR programme.

### **2. Opening of the meeting – Chair. Presentation of all the participants of the meeting.**

Presentation of the participants of the meeting (the list of the participants enclosed)

The Steering Committee is three members short: the representative for indigenous people (Mrs. Alexandra Artieva), the representative from the Republic of Karelia (Mrs. Olga Sokolova), the Deputy Chair (Mrs. Elena Krasovskaya – Murmansk region).

Mr. Valeriy Vakulenko has been appointed as the Deputy Chair for the current meeting (November 11th) and the CYAR seminar (November 13th).

### 3. Adoption of the agenda

The agenda was adopted unanimously.

### 4. Approval of the protocol of the 2nd SC meeting from November 11<sup>th</sup>-12<sup>th</sup>, 2008

The text of the protocol from the 2nd CYAR SC meeting in November 11<sup>th</sup>-12<sup>th</sup>, 2008, was sent to the participants in advance. No comments. The protocol is adopted by the SC unanimously.

Because of the cancellation in Syktyvkar, a meeting for the chairs was arranged in Murmansk in April 23rd-24th. The protocol in Russian and English was sent to the participants. No comments. The contents of the meeting is in accordance with the opinions of the SC CYAR.

### 5. Status report on the 2009 SC Activity Plan - Chair

#### a) CYAR activities in 2009

Background information for the new members: In the presentation and during the meeting we talk about **the CYAR programme** - the framework programme, adopted by the Joint Working Group for Health and related Social issues (JWGHS) for 2008-2011. The SC runs the CYAR programme.

**The CYAR project** is a proposal from the chairmanship for how to operationalize the CYAR programme, a proposal for the activities within the CYAR programme in order to reach the goals of the programme.

On November 12th, the Norwegian representative in the JWGHS will propose to prolong the programme out 2012 because of the organizational changes. The Chairmanship developed the project CYAR for the period 2010-2012. A brochure (on the CYAR programme) and a booklet (on the CYAR project) have been distributed to the participants. The booklet presents more detailed information on the concrete projects.

Presentation of CYAR activities in 2009: The Chair presented the activity plan adopted for 2009, and the activities and changes that have taken place in 2009.

- A new adviser in Bufetat, Mr. Roman Kuposov will coordinate the CYAR project from 01.01.2010.

- A meeting with the International Parents Secretariat: the CYAR programme is now presented on the web-site [www.beac.st](http://www.beac.st)

- Two CYAR seminars have been carried out: in September in Murmansk - on juvenile delinquents, where 65 participants took part; On November 13<sup>th</sup> 2009 in Arkhangelsk, where the CYAR project will be presented to around 80 specialists in the Arkhangelsk region
- CYAR Support project 2010-2012: An application has been sent to NDPHS, a donor organization.
- CYAR Situation overview was initiated.
- CYAR Newsletter was distributed in order to keep the SC members updated.
- Information material has been elaborated: the web-site at [ww.beac.st](http://ww.beac.st); the CYAR brochure and the CYAR Project booklet
- The CYAR programme was presented at:
  - The Norwegian Parliament (Oslo) – May
  - The Barents Secretariat Conference (Tromsø) – March
  - The Ministry of Justice, FSIN, Health and Social development, Children`s Ombudsman (Moscow) – June
  - The Norwegian Barents Programme Committee (St.Petersburg) – June
  - The All-Russian Conference on Minor offenders (Vologda) - Nov

According to the activity plan adopted in 2009, all the activities have been carried, except the meeting with CBSS WGCC.

#### Comments and questions

Mrs. Kerstin Ödman: *Considering the very difficult start I would like to congratulate you on the achieved results. Fantastic that you now have a secreteriat and involve such a valuable person as Mr. Roman Koposov. A good base for the future work. I am impressed by the work you have done in order to make the programme known. I will recommend that the prolongation should be approved at the meeting of JWGHS.*

Mrs. Vappu Sunnari: *Are you still without financial resources?*

Mr. Pål Christian Bergstrøm: *The situation has changed due to the reorganization within the Barents cooperation under the Norwegian Chairmanship in the CYAR SC. The funding for the CYAR project plan is now available. The year 2009 is most of all marked by putting in some resources. An important task now is the stabilization of the SC and the involvement of all the participants.*

## **b) Presentation of the ‘CYAR Programme Support Project’**

In April 2009, Mrs. Elena Viktorova and Mr. Pål Christian Bergstrøm developed the CYAR project. The core activity is the dissemination of the selected methods/programmes. In June 2009, the proposal of the four methods/programmes was sent to all the SC participants with request for feedback on the selected methods/programmes and the CYAR project in general. The representatives from the Murmansk region, the Arkhangelsk region, the Republic of Komi and Norway approved the choice; the other members did not give any feedback or comments on the proposal. In July 2009, the realisation of the project plan started. Four competence organisations are now in charge of these methods. They fully support the project plan and will participate in the dissemination of the selected methods/programmes.

Presentation of the CYAR Project: The project plan will be executed in the Secretariat, by Mr. Roman Kuposov. What remains is to engage professional units/parties who will disseminate these methods.

### The four parts of the CYAR project

Part I - a situation overview will be produced by means of annual regional reports (started by Murmansk)

Part II - an annual expert conference.

Part III - competence building by means of disseminating the 4 selected methods (the booklet provides more detailed information and contact information).

Part IV - Information networking by means of running the web-site for CYAR([www.beac.st](http://www.beac.st))

### Comments and questions

Mrs. Vappu Sunnari: *As an outsider, I might have some special questions. All these programmes seem to be bilateral, instead of multilateral. Why?*

*Will such problems as violence and gender questions be adressed? It is not enough with just these 4 methods.*

Mr. Pål Christian Bergstrøm: *Parts I, II and IV are absolutely multilateral activities. As for Part III, the methods have been presented in June to all the partners in the SC. And as the SC Chairmanship did not receive any feedback and had to make a decision, they chose these 4*

*methods. «The Incredible Years», «Family Group Conferences» and mediation are programmes integrated and used in Norway, Sweden and Finland. Sweden and Finland are mostly welcome to participate in the dissemination and competence sharing activities, for example expert conferences. The choice of the methods was based on experience around dissemination. The SC had to start with something, and as these methods are proved by clinical studies to be effective, they have been selected.*

*Mrs. Kerstin Ödman: It is a Barents programme. It is up to Sweden and Finland how to participate. Norway lies ahead of the others. There have been bilateral projects between Finland and Russia, and Sweden and Russia, but the finances have been cut, and we have to look for other ways of working.*

*As for other problems, such as gender: All these principles are already foreseen in the programme. All activities within CYAR should take into account gender issues and cooperate with organisations which are proved to be working for children well-being.*

*Mr. Pål Christian Bergstrøm: There are many other issues we should work with. The programme`s goals are wider than the project`s. New initiatives should be started. We started without any resources, now we have some resources. We have to find new initiatives.*

*Mrs. Vappu Sunnari: I am very much committed to girls involved in prostitution and children trafficking among indigenous people. This is a very current problem. There is need for new projects/programmes/initiatives.*

*Mr. Pål Christian Bergstrøm: I totally agree with you. We have also mentioned that in the framework. All the new initiatives are welcome, and not the least, the funding for these initiatives.*

*Mr. Valeriy Vakulenko: Mr. Bergstrøm has had a presentation of these 4 methods, and I would like to say that this information was mostly interesting. Our challenge today is to organize the implementation of all these methods.*

*Mr. Pål Christian Bergstrøm: The question is how we now organize the dissemination of these methods. The goal of the SC is to plan concrete activities. When, where and who will*

*disseminate the methods. As mentioned earlier, four competent organizations will provide the methodological support for these methods:*

*The Incredible Years (IY) - Regional centre for Mental health of children and adolescents, the University in Tromsø (Norway), The Ministry of Health (Norway). There is a mentor who is now able to carry out training.*

*Family Group Conferences (FGC) - «SOS Villages in Russia» is the competent organization.*

*ART and Family-ART - the University College in Rogaland (Norway) and the Ministry of Education of the Republic of Karelia (Russia).*

*Mediation - the Pomor State University in Arkhangelsk (Russia), Correctional services in Trondheim (Norway).*

*All these organization are included in the cooperation structure. Responsibility for other activities lies on the office in the Secretariat and other participants.*

*Organization of expert conferences: The regional representatives (Finland or Sweden) can organize it and bring in interested and relevant partners.*

*The table CYAR Support Project 2010-2012 presents the proposal for further activities, some activities are already plotted in; some still have to be scheduled. These initiatives are not new, there is experience in their implementation. We take the existing initiatives and take them up to a higher level, and ensure good quality.*

*When we discuss the activity plan for 2010, we will have to plan in what regions the activity should take place, what organizations should participate, when, how we ensure the quality.*

*Mr. Valeriy Vakulenko: Shall we discuss the time limits and places right now, or we have time to think?*

*Mr. Pål Christian Bergstrøm: There is time to think and to front proposals from each region about who would like to participate from each region till the next SC meeting.*

*Mrs. Olga Gorelova: What is the expected number of participants for each training course in these programmes?*

Mr. Pål Christian Bergstrøm: *IY - 15 participants-group leaders, 45 group leaders per year. IY is run in 6 different cities in North-West Russia. The Chairmanship receives a lot of applications from new centres who want to participate. The address to the web-site about the implementation of the IY in North-West Russia is in the booklet.*

*FGC - each course contains between 10-15 participants.*

*ART - strictly 10 participants (there are 3 instructors), 30 participants for one course (3 groups), 60 group leaders per year. This is totally realistic.*

*Mediation - two different approaches: school mediation (preventive intervention) and as a part of penalty system. The number of participants would be very different depending on what need there is for specialists. The participants can find the contact information both for the Russian and Norwegian specialists.*

Mr. Valeriy Vakulenko: *Is it possible that the regional representative decides who will participate in the programme from the region?*

Mr. Pål Christian Bergstrøm: *The applications will be directed to the regional representative of the SC. They will decide.*

Mrs. Olga Gorelova: *Will there be any criteria for choosing the region for the activities (training course?)*

Mr. Pål Christian Bergstrøm: *First of all, targeting is important; we have to know what organization is suitable for the training – whether they work with relevant target groups, whether the specialists are trainable. And it is the regional representative who possesses this information. Another question is the balance between quality and quantity. Conducting many courses does not mean good quality of the service. The SC should develop quality-assurement systems and sign an agreement with the organization. Regular guidance by the professionals should be provided to newly trained group leaders. Last but not least, there should be stability in the SC to ensure good work and cooperation within the CYAR programme.*

Mr. Valeriy Vakulenko: *Guidance sessions should be arranged. It is also important to assess the possible organizations: can they be trained? Do they have a relevant target group?*



Mr. Pål Christian Bergstrøm: *It is important to run a thorough check before planning a training course.*

*The CYAR project and the selected methods are known in the social sphere in the Barents region. It is a realistic activity to find a relevant organisation without too much work and too much time invested. It is important to set up a concrete time period to do this work.*

Mr. Valeriy Vakulenko: *Will we meet again, or decide it online?*

Mr. Pål Christian Bergstrøm: *All the suggestions should be sent by e-mail to the Chair.*

**c) Presentation of the CYAR information web site - skipped (no internet connection, no time due to the delay)**

#### **6. Discussion and formal adoption of the ‘CYAR Programme Support Project’**

Voting: The CYAR project is approved in its present form and works with elaborating a detailed plan according to the activity plan.

Result: Adopted unanimously

#### **7. Information from the regional representatives – co-operation activities and prospects in the realm of children and youth at risk.**

The members of the Steering Committee presented information from their respective regions on the situation of children and youth at risk. Special attention has been paid to the general demographic situation, ongoing programmes/projects targeting particular groups and the structure of the social services in the region.

#### **8. Planning of next SC meeting and CYAR conference in 2010 – proposal from the Chair. Adoption of the SC Activity plan 2010.**

The following activities have been proposed by the Chair:

- 2 meetings of the Steering committee in 2010 - in April and in November  
The preliminary time for the next meeting – April 12 – 16 (week 15), 2010  
The possible venue – Syktyvkar, the Republic of Komi

- The SC meeting in November will be arranged together with the meeting of JWGHS (will be decided on November, 12th 2009)
- Operationalization of the CYAR projects:
- February 1<sup>st</sup>, 2010 - the deadline for the regions to decide on the implementation of which methods they are interested in and to propose the relevant organizations that will participate.
- Meeting in April - based on the proposals a detailed plan will be elaborated for the implementation of the methods
- Conducting training courses according to the CYAR project's Parts I-IV
- Conducting 2 meetings:
  - one with CBSS WGCC
  - one with NDPHS EG Prison Health
- Report to JWGHS
- Funding - The SC shall continue to explore possibilities for funding of new initiatives according to the CYAR programme.

Decision: The CYAR Activity plan for 2010 is adopted unanimously

Mr. Valeriy Vakulenko: *Will the specialists who undergo the training courses get a certificate?*

Mr. Pål Christian Bergstrøm: *Those who will train for IY and ART will get a certificate. As for FGC, the participants get a new status of a coordinator, so it is logical to assume that they will get some kind of a certificate. As for mediation, it is difficult to say right now. These questions can be asked at the CYAR seminar, on November 13th, 2009.*

## **9. Closing of the meeting**

The Chair Mr. Bergstrøm thanked all the participants for the fruitful meeting. This meeting is very important, as the SC is now closer to the realization of the goals of the CYAR programme. Mr. Bergstrøm expressed his hope for the more stable situation in the SC in the future.

