

ART Aggression Replacement Training

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No one can change or publish this programme in another language since “Research Press” (USA) owns the written materials. In 2012 “Research Press” (USA), with approval by Barry Glick, gave the University Publishing Company (Norway) the permission to write an adopted Scandinavian version of ART® named AART. The new version was published in is based on experiences from the Scandinavian Countries including new research on the theoretical underspinners of the program. The author group includes Knut Gundersen, Tutte M. Olsen, Johannes Finne, Børge Strømgren from Norway and Bengt Daleflod from Sweden. In Russia the Master Trainers are trained according to the principles of AART. In addition the research on the program (Gundersen and Svartdal, 2010, Langeveld, Gundersen and Svartdal, 2012 and Kopusov, Gundersen and Svartdal, 2014) are based on evaluations of the AART version which is slightly different from ART®