

• Mediation as a method is a part of the term “Restorative justice”, which aims at a single offender in order to prevent the development of criminal behaviour, especially among children and youth.

• What About Us? is a course of workshops in relationship for all parents who have children with disabilities, whether they are children who have physical or mental disabilities, or chronic illness.

• Family Group Conferences is family council, a meeting for all the family members in order to discuss current problems and make independent decisions. The method is applied in different crisis situations: in cases of family conflicts, adolescent drug abuse, juvenile delinquency, misunderstanding between parents and children, even in case of domestic violence.

• “From Violence to Caring” is an online study programme which will be further developed and adjusted to respond to local and regional challenges with an 8 week education for teachers and social workers and students. Special attention will be assigned increasing awareness among teachers and social workers in the Barents region on violence, corporal punishment, sexual exploitation and trafficking. The study programme will offer tools for non-violent intervention and conflict resolution in order to support early prevention of violence and non-violence.



More information on the CYAR programme:
www.beac.st

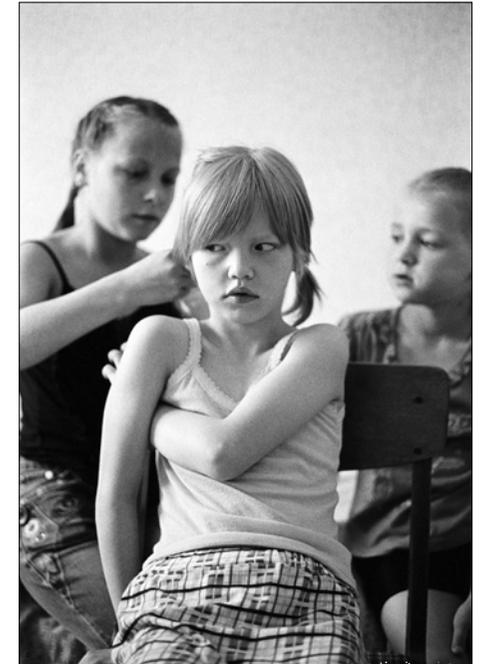
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photographs: Hanne Johnsen

 Children and Youth At Risk 
2008 -2015



“Children and young adults experience a greater risk of poverty and social exclusion than the average population. One of the main objectives is to develop functioning structures with a professional staff to deal with this challenge.”

CYAR Programme



CYAR PROGRAMME

'The Children and Youth at Risk in the Barents region' co-operation programme (CYAR 2008-2015) has been developed as a result of growing concern regarding marginalized youth and children in the region. The CYAR programme is run by a Steering Committee, composed by all Barents partners.



WHAT TO DO?

The CYAR programme emphasizes that all efforts should aim to strengthen the public services – primarily the public sector – and their ability to adequately assist and support children and youth on the individual level. The creation of a common understanding of target groups and their living conditions is an important basis for the work. The Steering Committee works to increase the knowledge about the target groups, to identify the needs for competence and promote well documented interventions with positive results.

HOW TO DO IT?

The CYAR programme aims to improve life conditions for the target groups through:

- Cooperative actions in general
- Project activities in particular

The purpose of cooperative actions crossing regional and national borders is to create frameworks for exchange of information and experience. The purpose of project activities is to build partnerships between public institutions at all levels and NGOs in the Barents region with responsibility for the well being of youth and children. Hands-on activities and local engagement of NGOs make them a valuable resource for information and as project partners.

In the work of the CYAR programme 'family' is the key word. All efforts should promote the sustaining, strengthening, recreation or – as last resort- substitution of family.

The following fields of competence will receive special attention;

- Strengthening of parental resources
- Development of foster care services
- Social skills training for children and youth
- Monitoring the rights of the child



WHAT TO EXPECT?

Through the CYAR programme, the Steering Committee will work to achieve the following results;

- to improve the situation overview on children and youth at risk in the Barents region
- to increase public competence building activities
- to improve coordination of co-operation efforts in the region
- to increase the use of well-documented methods
- to increase dissemination of positive results from project partnerships
- to strengthen the supervision of the rights of the individual child

Through CYAR there is arranged an annual Barents Expert Conference on prioritized fields of competence.

CYAR PROGRAMMES

•The Incredible Years programme for parents with children 4 – 8 years is a comprehensive set of curricula designed to promote social competence and prevent, reduce the occurrence of aggressive and oppositional behaviour, thus reducing the chance of developing later delinquent behaviours and preventing juvenile delinquency, drug abuse, and violence.

•ART Aggression Replacement Training is a cognitive behavioural intervention focused on adolescents, training them to cope with their aggressive and violent behaviours. It is a multimodal program and has three components; Social skills, Anger Control Training and Moral Reasoning. Each of the three components focuses on different aspects of social functioning and uses a process to insure youth learn the skills in class and transfer such skills to new situations outside of the group.