

# “E-health entrepreneurship for the future”

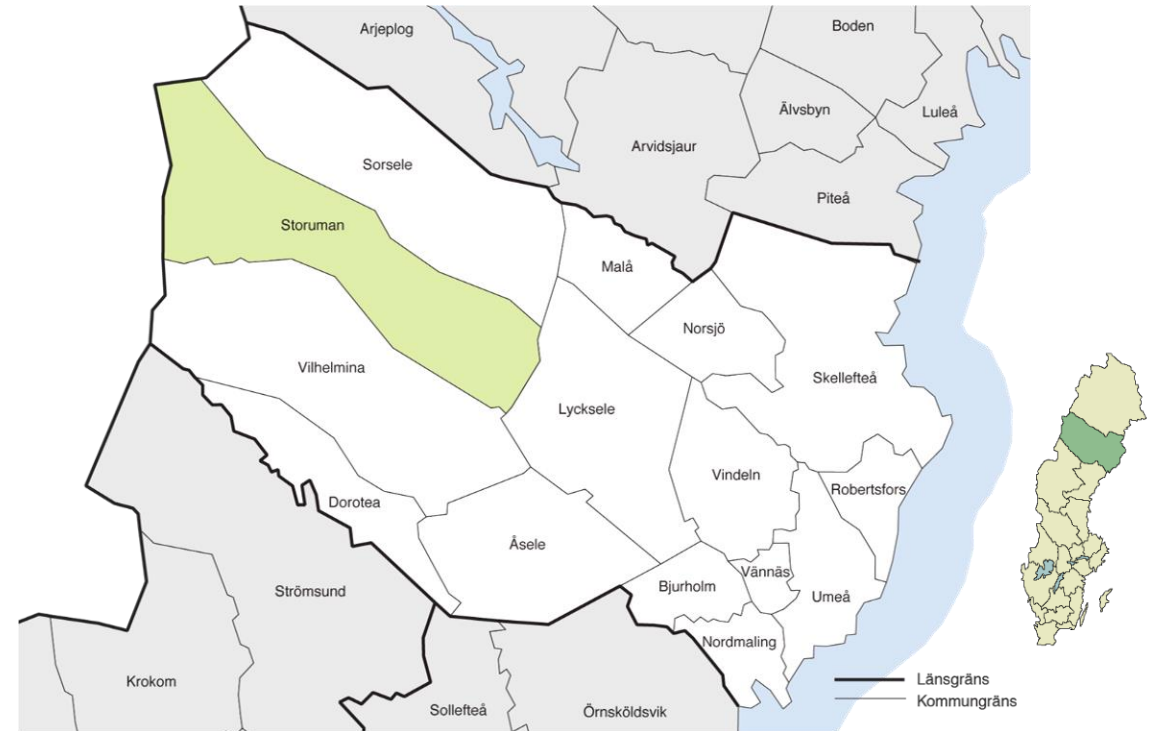
E-health technology for better health care in the Barents region

Barents e-Health Expert meeting 8 December 2020

Niclas Forsling, Centre for Rural Medicine – Region Västerbotten

# About the Centre for Rural Medicine

- Since 2014 a R&D-unit within Region Västerbotten
- Head office in Storuman
- Around 15 employees, spread across the northern region
- Funding mainly through various projects – about 4 million SEK in core funding



# Nordic Welfare Centre

- An institution under Nordic Council of Ministers
- Offices in Stockholm and Helsinki
- 30 employees



# Publication September 2019 with the 24 most interesting distance spanning solutions

Download an electronic version or order your printed version in English [here](#)

Find your Swedish version [here](#)

If you want to read about the 24 solutions in English and another 19 solutions, please visit our website at: [www.vopd.nu](http://www.vopd.nu)



# National roadmap/tools: "Roadmap for service innovation"

Roadmap translated into Swedish:

- Download your version [here](#)

Roadmap translated in other languages:

- English, download [here](#)
- Danish, download [here](#)
- Icelandic, download [here](#)
- Finnish versions being translated







# Wearables

*– Is the future of integrated healthcare and care at your wrist?*

Tele kit solution for patients with hearth failure (only on VOPD.nu)



Tele kit solutions for COPD patients



Night surveillance using webcam



Digital safety alarms - GPS



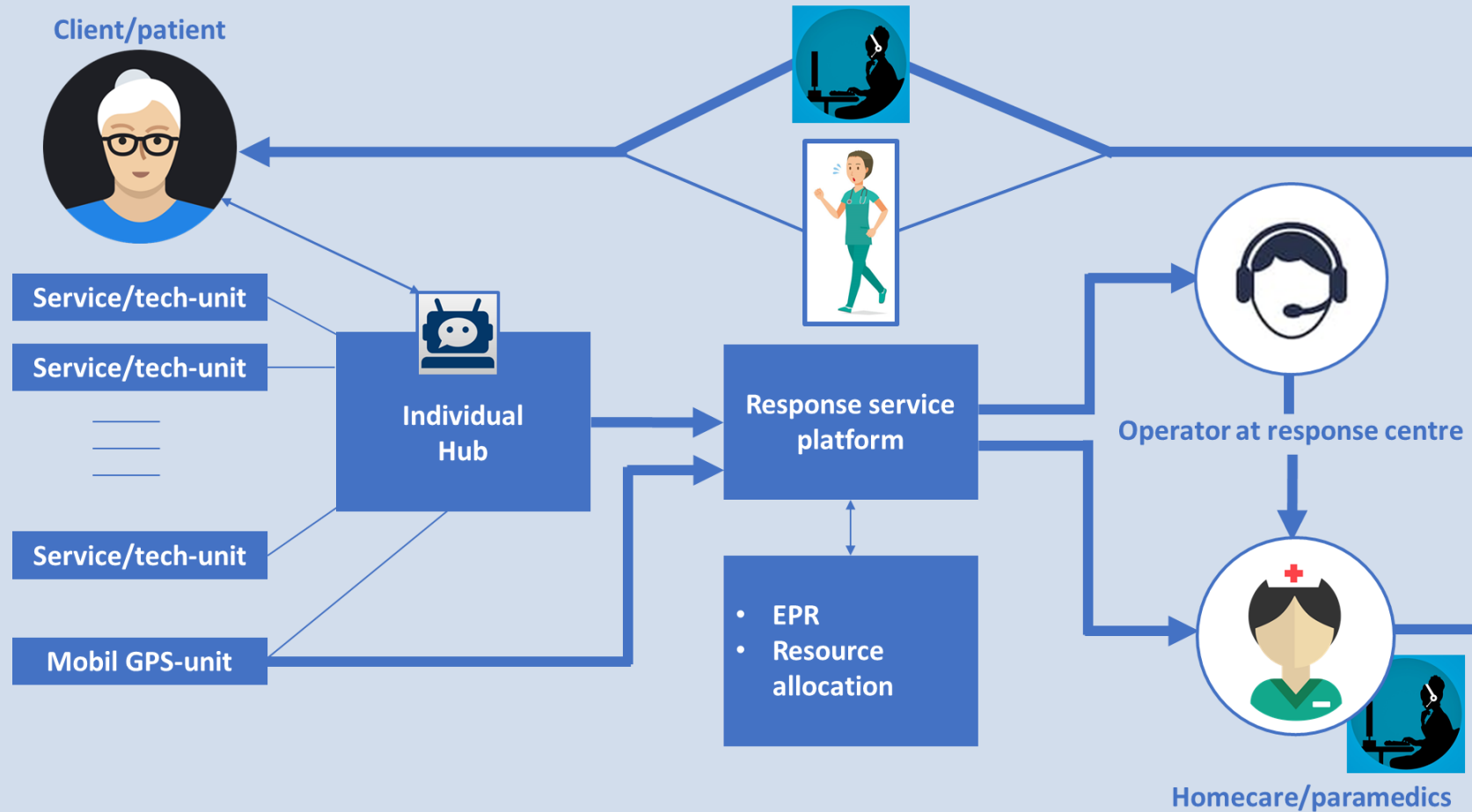


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| <a href="#">Apple</a>              |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Garmin</a>             |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Fitbit smartwatch</a>  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Samsung</a>            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Oxitone</a>            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Withings</a>           |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Un-medical</a>         |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Fossil</a>             |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Skagen</a>             |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Polar</a>              |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Xiaomi</a>             |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Fitbit</a>             |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Omron Heartguide</a>   |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Heartisans</a>         |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Suunto</a>             |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Motiv</a>              |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Taiwan Biophotonic</a> |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Minifinder</a>         |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Posifon</a>            |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <a href="#">Doro</a>               |  |  |  |  |  |  |  |  |  |  |  |  |  |

Disclaimer: This is NOT a way of comparing different wearables and the quality of their functions, rather to indicate the width of possible functions.



# The bottleneck (according to VOPD)





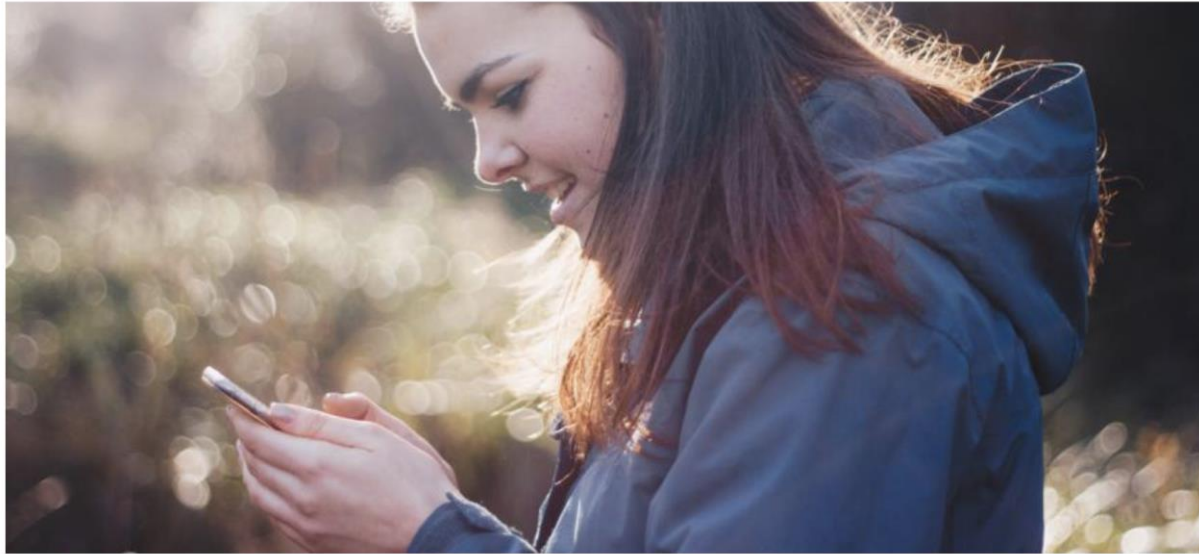
# Spinn on GDPR

The effects of the GDPR legislation has not yet been seen, and opportunities that can benefit our citizens still need to be explored and developed.

The current structure of storing health data at healthcare and social care institutions are connected to legislation rather than providing the citizens with the best opportunity to utilize their data.

The drive for change need to come from the citizens, simultaneously as trusted alternatives to hold health data can be provided.

GDPR is a human rights act, and will through correctly tailored systems empower the citizens to improve their wellbeing.

Contact  
adviser

## Nordic Digital Health & Medication Platform

2020 - 2021

ACTIVE

Establishing and operating a platform for accreditation, dissemination and activation services of quality approved digital health apps in the Nordics.

# Thank you!