

Barents HIV/AIDS Programme

Progress Report

6 October 2016, Solovki Archelago, Archangelsk Region/Russia



NATIONAL INSTITUTE FOR HEALTH AND WELFARE, FINLAND



Overview of HIV situation in Nordic countries

- Stable or on decline due to better prevention among MSM and changes in the migrant profile
- Countries close to or already achieved the 90-90-90 target
- While sex between men remains the main transmission route, refugees and migrants require attention due to post-migration HIV acquisition
- ART initiated in all PLWH irrespective of CD4 counts
- PrEP is on the way, use of HIV self-testing scales up
- Expected cuts for HIV prevention in the governmental budget in some countries

Overview of HIV situation in NW Russia

- **Steady tendency for growth in HIV incidence** in Russia, 10% on average per year, and **HIV prevalence** (*according to report by Prof. Eugeny Voronin, chief visiting HIV expert of the Russian Health Ministry at meeting of NDPHS Expert Group on HIV, TB and AI, 15.9.2016*)
- More Russian regions with **generalised epidemic**
- Epidemic penetrates into **working-age** and well-to-do groups of population
- While drug injecting remains as a dominant transmission route (57,3% in 2015), the role of **heterosexual contacts** is on incline (40,3% in 2015)
- HIV epidemic is getting **older** (shift from 20-30 yo to 30-40 and older)
- Few **NW regions** demonstrated **upsurge in HIV registration** (Archangelsk Region, Komi Republic, Kaliningrad Region, Karelia Republic)
- **Late diagnosis** and late arrival to healthcare facilities lead to **growth in AIDS deaths**

Situation with Barents HIV Programme

- New Chair since spring 2016
- Dormant in 2016
- Webpage at Barents Secretariat's website updated
- Meeting with the Chair 17-18 October in St. Petersburg
- International Congress "HIV and Immunosuppressions" 17-18 October 2016 (*Международный Конгресс «ВИЧ-инфекция и иммуносупрессии» (VIII Виноградовские чтения), 17-18 октября 2016 г. Санкт-Петербург*)
- Letter from the Chair of the Barents HIV Programme to countries/regions to re-confirm or nominate members to the Steering Committee
- Next meeting is still open
- To follow the situation with forthcoming NCM Programme on Health Promotion and Prevention

HIV prevention ideas from NW Russian regions:

- Enhanced role of primary care providers in HIV (and other co-infections) detection
- Enhanced HIV awareness and prevention among women of fertile age
- ICT in improving HIV-related knowledge and behaviors among young people in NW Russia
- HIV and alcohol; HIV and non-infectious diseases (cardiovascular diseases, depression, etc.)

Thank you for your attention!

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Some extra info

- Barents Cooperation Forum in Helsinki on 8 December 2016, <http://www.barentsforum.com/barentsforum>
- “Communication and Cooperation in the BEAC Working Groups”, Report of the BEAC Communication Development Project by Rebecka Snefuglli Sondell at http://www.barentsinfo.fi/beac/docs/BEAC_Communication_Project_2016_Full_report_final.pdf