



## ”Children and Youth at Risk – CYAR 2008-2015”

Integritet

Deltakelse

### Status report

Tilgjengelighet

Toleranse

Hensyn

**Pål Christian Bergstrøm**

Romslighet

**Chairman of the CYAR Steering Committee**

Mestring

Trygghet

Umeå, December 10, 2014

Respekt



HELSE- OG OMSORGSDEPARTEMENTET

Åpenhet

# CYAR 2008-2015

## Main objectives:

- Increase activities towards and provide adequate social assistance to children and youth at risk in the Barents region
- Multi-agency collaboration approach
- Best practice dissemination, knowledge-based interventions
- Evaluation by research
  
- A practical oriented programme – training of professionals
- **EU Kolarctic funding 2012-2014**



# CYAR 2008-2015

- Activities in 2014
- Activity plan for 2015
- Challenges. Next steps.



# CYAR 2008-2015

## FOUR KEY ACTIVITY AREAS:

1. Situation overview in the Barents region
2. Annual expert conferences on issues related to children and youth at risk
3. Dissemination of selected, knowledge-based methods of working with children and youth at risk
4. Exchange of information: update of the CYAR web-site and developing information materials.



# MAIN ACTIVITIES 2014

## 1. Situation overview in the Barents region

- 2 meetings of the CYAR Steering committee (June 23-24<sup>th</sup> – Syktyvkar (Komi, Russia), November 18-19<sup>th</sup> – Tromsø (Norway))
- Regular meetings with regional and republican authorities with responsibility for children and youth
- Collaboration meetings:
  - May 2014 (Riga, Latvia), August 2014 (Oslo, Norway) Cooperation meetings with EG on CYAR of CBSS

## 2. Annual expert conferences on issues related to children and youth at risk

- CYAR expert conference on protection of children in the Barents region scheduled for November 2014, moved to June 18<sup>th</sup>, 2015 (Murmansk, Russia)



## MAIN ACTIVITIES 2014 - cont.

3. Dissemination and competence building in selected, knowledge-based programmes targeting children and youth at risk (27 training seminars, 21 followups):
  - Incredible Years (focusing on children with behavior problems)
  - Family Group Conferences (empowering the family and the nearest network to solve problems)
  - Aggression Replacement Training (ART) and Family ART (focusing on children with behavior problems) – 3<sup>rd</sup> gathering of master trainers (16 certified master trainers in NWR)
  - What About Us? (focusing on special needs of parents of children with disabilities)
  - From Violence to Caring (online educational programme for specialists of different spheres focusing on early recognition and prevention of violence towards children) – courses in Russian, English, Finnish
  - Restorative justice – mediation councils (crime prevention, rehabilitation and reintegration of children in conflict with law) – 1 meeting of Russian and Norwegian mediators

**Special focus** – master trainers, mentors

4. Exchange of information: update of the CYAR web-site and developing information materials.



Main Activity	01.01.2014 – 31.12.14	Responsibility
<b>Situation overview / Information/Web-site</b>	Oulu (Finland), Umeå (Sweden), Tromsø (Norway), regions in North-West Russia - ongoing work	CYAR SC CYAR Secretariate IBS
<b>SC meeting CYAR conference</b>	committee (June 23-24th – Syktyvkar (Komi, Russia), November 18-19th – Tromsø (Norway)  1 conference – postponed due to low number of participants	CYAR SC
<b>Incredible Years</b>	3 courses: Komi – 3-5.02.2014; Murmansk region, 17-19.02.2014; Arkhangelsk region, 2-4.06.2014  6 follow-ups: Arkhangelsk (13-15.10, 10-12.10): Murmansk (28-29.10, 29-30.09); Komi (21-23.10, 26-28.11)	RKBU Northern Norway, IY-org Seattle
<b>Family Group Conferences</b>	3 courses: Komi – 27-29.10; Arkhangelsk region – 21-23.01, 14-15.04.2014  4 follow-ups: Komi - 30-31.10, 10-11.04.2014, 10-11 sept 2014; Arkhangelsk region – 12-13.05.2014	SOS Russia
<b>Mediation Restorative Justice</b>	Project group meeting Norway + Arkhangelsk – 21.05.2014 (Arkhangelsk, Russia)  Follow-up seminar for mediators in Murmansk – 18.09.2014 (Murmansk, Russia)  Training course for new mediators from Murmansk Part 2 – Arkhangelsk, Russia, 01 – 04.04.2014  Meeting of mediators, Norway + Arkhangelsk – 22 – 24.05.2014 (Arkhangelsk, Russia) – 60 mediators from Norway and the Arkhangelsk oblast	Correctional services Norway, Mediation Council Norway  Master trainers from Arkhangelsk

<b>ART / Family ART</b>	<p>3 courses: Komi (feb 2014, april 2014) . Arkhangelsk region (feb 2014, april 2014), Murmansk region (febr 2014, march 2014, april 2014)</p> <p>11 follow-ups: Arkhangelsk region - febr 2014, april 2014; Komi - febr 2014, sept 2014; Murmansk - febr 2014, march 2014, april 2014</p> <p>Gathering of 16 ART master trainers from Murmansk and Arkhangelsk regions, Karelia and Komi republics: Part 3 - 22 – 24.09.2014</p> <p>1 follow-up (by Russian master trainers) - 15.10.2014 (Arkhangelsk, Russia)</p>	<p>UC Rogaland Mastertrainers from North-West Russia Interregional centre «CYAR» in Karelia</p>
<b>From Violence to Caring</b>	<p>2 courses in Finnish: 01.09 – 17.10 2014: Course I Violence and the Premises for Compassion 20.10 – 05.12 2014: Course II Multiple forms of violence in global contexts</p> <p>4 online courses in English and 4 follow-ups: 13/1– 21/2 2014; 24 /2– 11/4 2014; 14/4 – 30/5 2014; 01.09– 24.11.14</p> <p>3 online courses in Russian and 4 follow-ups: 18/11 2013 –28/02 2014; 03/02 –28/3 2014; 31/3 – 20/06 2014</p>	<p>University of Oulu</p>
<b>What About Us?</b>	<p>1 training seminar in What About Us? for single parents - 29-30.09.14 (Murmansk, Russia)</p>	<p>Bufetat</p> <p>The Russian committee of «SOS – Children`s Villages»</p> 



## Results of competence building in 2014

### Results for competence building activities (training courses) in 2014 – trained specialists

	TOTAL in 2014
Incredible Years	40
ART (and Family ART)	72, of them 16 certified mastertrainers
How About Us?	22
Family Group Conferences	47
From Violence to Caring	171 (English, Russian, Finnish)
Mediation	6 master trainers from Murmansk oblast 36 mediators, 15 master trainers from Arkhangelsk oblast
TOTAL	373



# Other CYAR related activities in 2014

## CYAR in the Barents region and CYAR Estonia

### Presentations:

- Conference “Exchange of experience in technology deployment programme “Children and Youth At Risk” - April 16 -17, 2014, Arkhangelsk (Russia)
- Presentation “Education and social integration of children and youth in the Barents region as a success factor for sustainable development of the region. Lessons from the programme “Children and Youth at Risk 2008 - 2015” – VI Youth Economic forum «Sustainable development of the regions: new economics – new possibilities», November 13 - 14 (Petrozavodsk, Karelia)
- Presentation “Social inclusion and education of children and youth in the Barents region – experience from the program ”Children and Youth at Risk” – Barents Youth Seminar “Barents on My Mind”, September 15 – 17, 2014 (Rovaniemi, Finland)



# ACTIVITY PLAN for 2015

Meeting of the CYAR Steering committee on November 18th – 19th, 2014

- End of the Kolarctic period – 31.12.2014
- End of the present programme Children and Youth At Risk – 31.12.2015
  
- A crossroad
  - uncertain financing
  - the content of the new CYAR is to be defined – proposal from CYAR SC to JWGHS
  
- Stable participation of all the Barents partners
  - two new members in the SC: S. Videneeva (Murmansk region) and T. Vasiljeva (Karelia)
    - Sweden, representative for the indigenous peoples



# ACTIVITY PLAN for 2015

## Adopted activity plan for 2015

- 2 SC meetings (Murmansk, Russia – June 17th; Umeå, Sweden – autumn)
- Annual CYAR expert conference – June 18th (Murmansk, Russia)
- Reporting to stakeholders and funding sources
- Collaboration with CBSS and others – meeting with the EG on CYAR CBSS (incl. CYAR SC) and the CYAR Secretariat to identify common questions for collaboration (proposal by Chair by January 1st, 2015)
- Upgrade of Incredible Years (translation, production of the dvds, handouts etc)
- Strengthening of the programme visibility (upgrade of the web-page)
- Preparation of «centres» (groups) of competence on CYAR programmes in the regions, development of regional plans (due the SC meeting in June)
- Application to Kolarctic in 2016 - will be discussed at the next SC meeting in June 2015
- Development of the new CYAR programme for 2016 - 2019



# ACTIVITY PLAN for 2015

## COMPETENCE BUILDING ACTIVITIES

### From Violence to Caring

- 2 courses in Russian
- 3 courses in Finnish

**ART** (research, developing regional plans for sustainability, consolidate ongoing activities, application for AART upgrade)

- ART training (research, consolidate ongoing activities, application for AART upgrade for Kolarctic 2016)
- 4 supervision meetings for mastertrainers
- 1 gathering of mastertrainers

### Mediation

- Information seminar in Komi
- 4 project meetings (+ 2 supervisions), 1 meeting of mediators (Arkhangelsk oblast, Murmansk oblast)

### What About Us?

- 2 supervisions

### Family Group Conferences

- 2 courses for training of mastertrainers
- 8 followups (2 per region)

### Incredible Years

- mentor meeting
- implementation of the new IY programme
- 4 training courses (1 per region, 2 days)
- 12 followups: 3 followups per region, 3 days



# CHALLENGES AND NEXT STEPS

## Some challenges and solutions

- Sustainability, secure human resources for evidence-based program fidelity
  - Developing a model for centres of competence: 1 region – 1 centre
  - Training master trainers and mentors in the regions
- Project exit strategies – intergration of the project results in the standard services in the regions
- Predictable funding
- CBSS Secretariat, Expert Group for Cooperation on Children at Risk – identification of common points for cooperation



# THANK YOU!

