



# “Reduction of TB Burden in the North-West of Russia.” 2014-2018.

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NGO “Easy Breathing” Charity Fund”

Umea, Sweden

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In the period from 2005 to 2013 “Easy Breathing” Charity Fund has realized several socially-oriented projects with total funding more than 117 million rubles.

- Support in equipping clinical and bacteriological laboratories.
- Improving infection control in healthcare facilities of the region.
- Training for healthcare workers in Russian and international training courses.
- Purchasing TB drugs.









# MAIN CHALLENGES

- Inactivity of the society – inert attitude of towards the problem of tuberculosis.
- High level of defaulted treatment
- Stigma





**“Easy Breathing” Fund works in the frame of the Russian-Norwegian program “Reduction of the burden of TB in the North-West of Russia”, including the following projects:**

- **Prevention of TB in HIV infected prisoners**
- **Health Communication**
- **Planet of Health**
- **Informed means protected**
- **Assessing and addressing the needs of TB and TB/HIV patients**
- **Spetznaz School**
- **Sputniki (Satellites)**



# Prevention of TB in HIV infected prisoners.

- The aim: to assess the effect of preventive TB treatment in people living with HIV.
- 320** HIV infected prisoners agreed to receive preventive treatment.
- 180 “cases” were given food parcels once in two weeks as incentive.





Food parcels increase adherence to preventive treatment among people living with AIDs/HIV.

Preventive treatment	Cases	Controls
Started	180	140
Completed	145 (80%)	77 (65%)



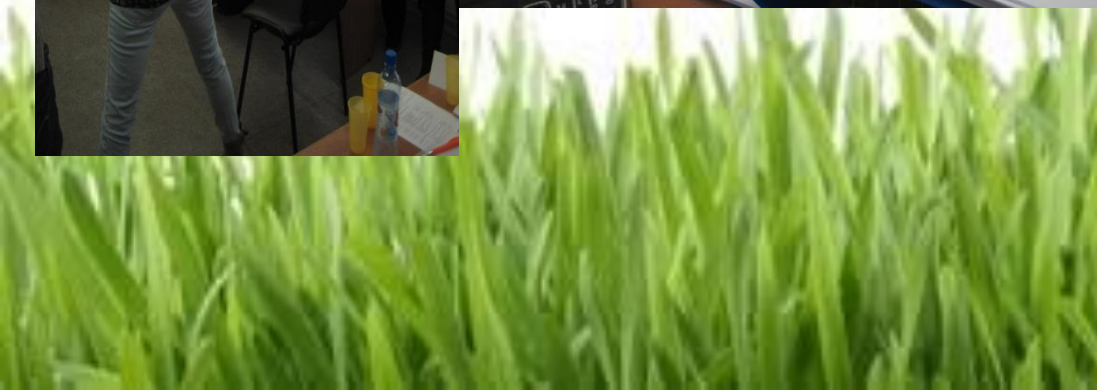
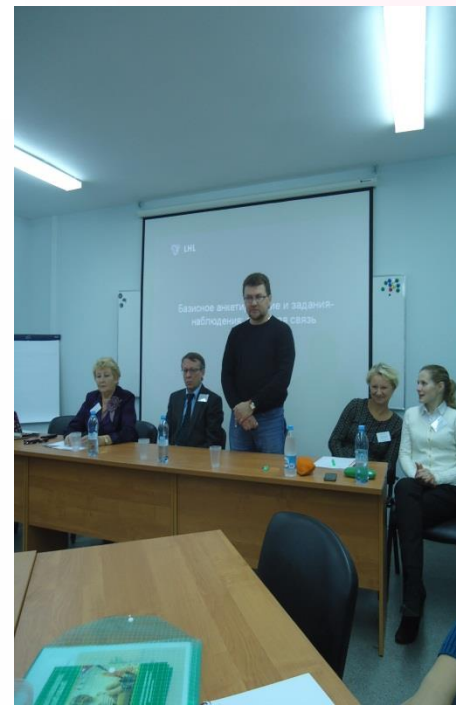




# «Health Communication»









# «Health Planet», «Spetznaz school»

Projects are directed  
at improving the  
conditions for  
children in TB  
facilities.







# «Health Planet»







# «Special School»







# «Informed means protected»

Aim: promoting healthy life style and prevention of lung diseases including TB, attracting attention of the community to their own health through mass media, street actions, informational materials.







ВСЁ ЕЩЁ КУРИТЕ,  
ПЬЁТЕ И  
КОЛЕТЕСЬ?







## **TB and TB/HIV Patients' needs assessment.**

- Aim: to reduce stress level during treatment period, monitoring of patients' needs.
- Questioners were handed out to find out what patients were interested in.
- 50% of them were not interested in any of the suggested activities.
- Half of the rest had a wish to have computer training, some wanted to visit psychologist and several patients were interested in distant foreign language classes.







# “Satellites”

- The project was developed for community affected by TB (patients in difficult life situation because of the disease).
- All patients enrolled are on treatment or completed treatment (no defaults)
- TB incidence has reduced in Severodvinsk (final evaluation is expected in the 1<sup>st</sup> quarter of 2015)



# «СПУТНИКИ»





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