



Some notes from Västerbotten

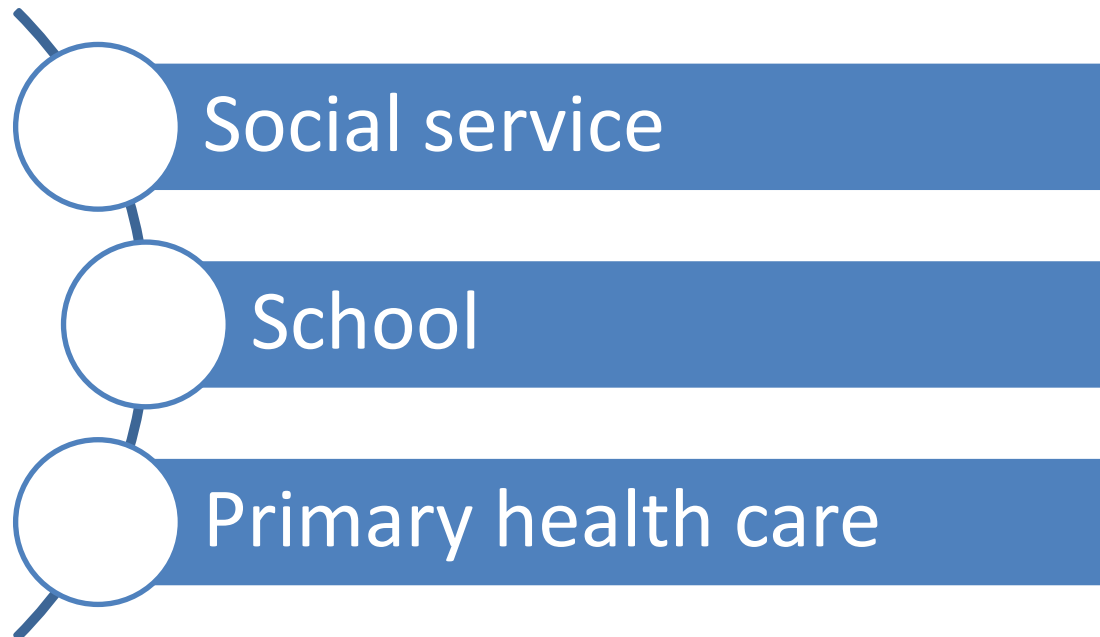
annika.nordstrom@regionvasterbotten.se

PhD, Research manager
Research and development
Region Västerbotten



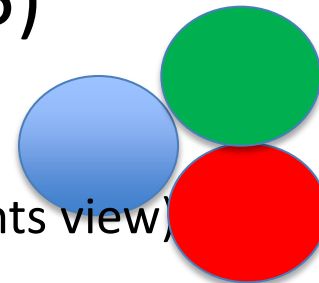
Children at risk

- Strengthening the support for children at risk by building teams that includes:



Education – alcohol and drugs

- Basic education as a “driving-licence” for persons working within social services and healthcare
- 3 days - over 1000 persons have attended
- National Guidelines for treatment and support for abuse and addiction (2015)
- Evidence based practice
(best knowledge, professionals experince, clients view)



Agreements - abuse and addiction

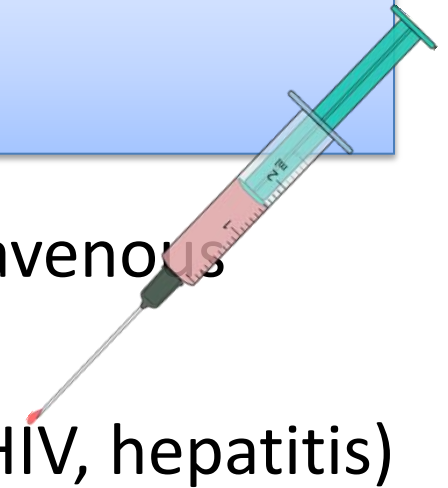
- Agreement between municipalities and the county council - concerning cooperation and responsibility (*regulated by law*)
- From early interventions to treatment



- One defined group: Elderly people with comorbidity of mental disorder and alcohol abuse

Infectious diseases

- Needle exchange - for persons with intravenous addiction of narcotics (*not started yet*)
- A way to reduce the risk for infections (HIV, hepatitis)
- A collaboration between the infection clinic and the psychiatric clinic
- Many refugees - Routines for health investigations including tests for tuberculosis



”Digital agenda” in Västerbotten

- The aim is to expand the use of digital technology
- X-ray, consultations, treatment, communication, meetings.....
- Extra important for the access to services, in a county with long distances between places
- The healthcare sector is in the lead – but social services and schools are at present increasing their use of digital tools